



Setting The Standards

Is Hypnosis the Solution to Help You Solve Problems of Daily Life?

13.11.2015 -- Professional consulting hypnotist, Romanus Benda, is taking part in a global education campaign to share the message that hypnosis is a simple, safe and highly effective way for people to address the problems of daily life. Routinely used in the health care industry as a valued tool, by athletes to improve focus and performance and by successful business professionals, celebrities and other high-profile individuals for relaxation and stress management, hypnosis also offers efficient applications for solving the types of problems people struggle with daily.

Presented by the National Guild of Hypnotists (NGH) (www.ngh.net), the nation's oldest, largest and leading organization for professional consulting hypnotists, the campaign is sharing in-depth information about the role of hypnotists in helping people of all ages and with a range of problems.

Romanus Benda, a member of the National Guild of Hypnotists, is recognized for his services that help people break bad habits, establish healthy new routines and enhance their daily lives.

Among the many types of challenges that can be resolved or improved through hypnosis are: smoking cessation, overeating, emotional eating, cravings, exercise and activity levels, sports performance, stress

reduction, sleep disorders, fear of speaking in public, test taking anxiety, increasing self-esteem, procrastination and other issues that hold people back from living their best life.

[Dr. Dwight Damon, President of the National Guild of Hypnotists](#) and one of the organization's founders, explained, "The role of the consulting professional hypnotist may seem like a new profession in the minds of many consumers. In fact, the effective use of hypnosis is thousands of years old and is today accepted and proven throughout the medical community." Dr. Damon is widely recognized as, "The Father of Consulting Hypnotism as a Separate and Distinct Profession."

Romanus Benda has been a member of the National Guild of Hypnotists since September, 2014.

Established in 1950, in Boston, Massachusetts, the National Guild of Hypnotists is the preeminent professional organization for consulting hypnotists. Over the years, the NGH has led the profession, receiving recognition in the United States Congressional Record for its accomplishments.

The organization has established a strict universal code of ethics for the profession and has developed and maintains a rigorous certification program based on a standardized curriculum. Extensive and ongoing training is required of National Guild of Hypnotists members receiving NGH certification.

Regularly, the NGH conducts educational seminars for its members and annually hosts an international convention and educational conference that includes a three-day intensive session with an additional two-week program of study also available. Each year, more than a thousand professional consulting hypnotists attend the NGH Convention.

In 1994, the National Guild of Hypnotists chartered the rapidly growing [National Federation of Hypnotists](#), Local 104, a Union affiliated with the OPEIU, AFL-CIO, CLC. Currently the organization's membership includes some 17,500 consulting hypnotists, located throughout 81 countries worldwide.

To learn more about Romanus Benda's services in Germany, Bavaria contact him directly at:

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Find out more about the National Guild of Hypnotists at www.ngh.net or by calling 603-429-9438.

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